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Education

2008-2012	PhD in Physiology, Tarbiat Modares University, Tehran, Iran
2000-2008	Medical Doctor (MD), Shahid Beheshti University of Medical Sciences, Tehran, Iran

Honors and Awards

2024	Iran National Science Foundation (INSF) Award
2023	Top Researcher of Tarbiat Modares University, Tehran, Iran
2021	Top Faculty of Tarbiat Modares University, Tehran, Iran
2019	National Institute for Medical Research Development (NIMAD) Award for Young Medical Scientists
2019	Cognitive Science and Technologies Council Award
2017	Iran National Science Foundation (INSF) Award
2012	First Ranked Among PhD Students of Physiology, Tarbiat Modares University, Tehran, Iran
2006	Top Medical Student of Iran (given prize by president of Iran)
2005	First Ranked Student, 6th Festival of Research, Shahid Beheshti University of Medical Sciences, Tehran, Iran
2004	Best Poster Award, Iranian Physiology & Pharmacology Congresses, Kerman, Iran
2004	Best Poster Award, Iranian Internal Medicine Congresses, Bandar-Abbas, Iran
2004	Best Poster Award, 1st Students Research Conference of Shahid Beheshti University of Medical Sciences, Tehran, Iran
2000	Rank 59th in Entrance Examine Universities of Iran (Among About 1.5 Million Participants)



Position

2019-pres	Associate Professor, Department of Physiology, Tarbiat Modares University, Tehran, Iran
2013-2019	Assistant Professor, Department of Physiology, Tarbiat Modares University, Tehran, Iran
2018-2022	Head of Clinic and Health Center, Tarbiat Modares University, Tehran, Iran
2016-pres	CEO of Trita Health Technology Company, Tehran, Iran
2017-pres	Chairman of The Ethics Committee in Clinical Studies, Tarbiat Modares University, Tehran, Iran
2018	Member of the Scientific Committee of the International Biology Olympiad (IBO). Designing physiology questions of the World Biology Olympiad.
2015-pres	Member of the National Committee of the Iranian Biology Olympiad. Designing the physiology questions of the National Biology Olympiad and training the members of the Iranian Biology Olympiad Team to participate in the World Biology Olympiad.
2015-2021	Member of the Scientific Committee of the Scientific Olympiad of Iranian Medical Students. Designing Questions and Reviewing Olympiad
2006	Scientific and Organizing Committee Chair, 7th Annual Research Congress of Iranian Medical Sciences Students
2005	Scientific and Organizing Committee Chair, The First Research Conference of Students of Shahid Beheshti University of Medical Sciences, Tehran, Iran
2003-2007	Head of the Student Research Center, Shahid Beheshti University of Medical Sciences, Tehran, Iran

The Narrative of the Research Line

<u>Beginning of Programming (1995)</u>: I started programming with q-basic software at the age of 13 (1995) and then at the age of 16 (1998) I was programming with Pascal software.

<u>Machine Learning in Medicine (2004)</u>: In 2000, I entered the field of medicine at Shahid Beheshti University of Medical Sciences (Tehran, Iran). Since 2004, I got acquainted with programming in MATLAB software. While I was a medical student, I used machine learning methods such as artificial neural networks and neuro-fuzzy to diagnose diseases and predict patients' response to treatment. My thesis in general medicine was the use of artificial neural networks to diagnose cirrhosis in patients with hepatitis B. My articles in this field were published in journals such as Journal of Medical Systems.

<u>Complex Systems in Medicine (2008)</u>: Due to my interest in research, discovering the physiopathology of diseases and providing new treatment solutions, after completing my medical degree in 2008, I started PhD of physiology at Tarbiat Modares University (Tehran, Iran). At this point, I got acquainted with the subject of complex systems. Considering that the human body is known as a complex system, my research studies focused on the analysis of the complexity (non-linear methods, chaos theory, fractal, entropy, etc.) of the body's rhythms, especially the breathing rhythm, to better understand the pathophysiology of the disease (especially asthma). Since 2013, as an assistant professor at Tarbiat Modares University, I have continued the studies in this field and introduced the complexity analysis of

respiratory dynamics as a new method for diagnosing and classifying respiratory diseases. The results of my research were published in journals such as Lancet Respiratory Medicine, American Journal of Respiratory and Critical Care Medicine, PloS One, etc.

<u>Brain Structural and Functional Alterations in Allergic Inflammation (2015)</u>: In the following (2015), my translational studies on animal models and patients focused on finding the causes of changes in the complexity of the breathing pattern in allergic asthma. We showed that allergic inflammation causes structural and functional changes in the brain, and these changes, in addition to changing respiratory rhythms and lung function, lead to neuro-psychological disorders such as anxiety and depression. The results of these studies were published in journals such as Scientific Reports, PLoS One, Life Sciences, Neuroscience, Brain Research, Brain Research Bulletin, etc.

Non-invasive brain stimulation through olfactory pathway to reduce neurocognitive dysfunction (2018): From 2018, while reviewing the literature on brain-respiration interactions, I met a fascinating physiological phenomenon. Besides processing odorant information, olfactory sensory neurons (OSNs) also respond to mechanical stimulation of airflow passage. In nasal breathing, the airflow activates mechanosensitive OSNs of the nasal epithelium and entrains oscillatory neural activity in the olfactory bulb (OB). Rhythmic OB activation by nasal breathing generates respiration-coupled oscillations propagating throughout the cortical and subcortical regions implicated in cognitive functions such as learning and memory. Interestingly, nasal breathing diversion to the oral root as well as OB inhibition or OSN ablation abolishes these respiration-entrained brain rhythms, which are subsequently associated with cognitive impairments. Therefore, it seems that electrical and mechanical stimulation of OSNs, as a non-invasive brain stimulation method, can improve neural homeostasis to prevent disease progression or treat neuro-cognitive dysfunction. This project focuses on learning and memory disorders, Alzheimer's disease, cognitive impairment following mechanical ventilation, neurodegenerative diseases, epilepsy, depression and anxiety. The results of these studies have been published in prestigious journals such as American Journal of Respiratory and Critical Care Medicine, CNS Neuroscience & Therapeutics, Scientific Reports, Hippocampus, etc.

<u>Techniques</u>: Techniques used in animals include electrophysiological recording (multi-electrode recording of local field potentials (LFP) in conscious animals during behavioral experiments, spike recording and patch clamp recording), brain imaging (MRI), invasive and non-invasive brain stimulation, brain molecular and histological examination. Also, human and clinical techniques include electroencephalography (EEG), brain imaging (MRI and fMRI) and non-invasive brain stimulation. Data analysis is performed with an emphasis on electrical signal processing and image processing using MATLAB software.

Design and Production of Electrophysiology Research Devices

Since 2020, I founded Trita Health Technology Company, and I am the CEO of this company. Our research products include the animal brain stimulation device and the simultaneous recording device of biological signals in freely moving animals (local field potentials, single unit recording, electroencephalography, electrocardiogram and respiration). The software of these devices is in MATLAB and it is possible to perform closed-loop studies. These devices have received the first-level knowledge-based product certificate from the Presidential Scientific-Technological Vice-Chancellor. These devices have been sold to Iran's top universities and prestigious neuroscience centers. Several articles using these devices have been published in prestigious journals such as Scientific Reports, PLoS One, CNS Neuroscience & Therapeutics, Hippocampus, Life Science, Neuroscience, Brain Research, Epilepsy Research, Brain Research Bulletin, etc.

Journal Editor

Guest Editor, Frontiers in Physiology (2023)

Co-Topic Editor, Frontiers in Computational Neuroscience (2022)

Peer reviewer (34 Journals)

Scientific Reports I PLoS One I Experimental Neurology I BMC Neuroscience I Brain Research I NeuroImage: Reports I Journal of Alzheimer's Disease Reports I QJM: An International Journal of Medicine I Frontiers in Neuroscience I Journal of Neuroscience Research | Brain and Behavior | Brain Sciences | Neuropsychiatric Disease and Treatment I European Journal of Applied Physiology I Respiratory Physiology & Neurobiology I International Journal of Molecular Medicine I Journal of Clinical Medicine I Frontiers in Medicine I Frontiers in Pharmacology I Applied Sciences I Frontiers in Cardiovascular Medicine I Journal of Theoretical Biology I British Journal of Anaesthesia I Journal of Asthma and Allergy I Respiratory Care I Toxicology in Vitro I FEBS Open Bio I International Journal of Chronic Obstructive Pulmonary Disease I Endocrine, Metabolic & Immune Disorders - Drug Target I Journal of Biological Physics I OncoTargets and Therapy I The Journal of the Intensive Care Society I Iranian Journal of Allergy, Asthma and Immunology I Physiology and Pharmacology I Healthcare I Iranian Journal of Science and Technology Transactions A: Science | Iranian Journal of Pharmaceutical Research | Basic and Clinical Neuroscience I Iranian Journal of Basic Medical Sciences | International Journal of Environmental Research and Public Health I

Grant Reviewer

- 2017- pres Iran National Science Foundation (INSF)
- 2017-pres National Institute for Medical Research Development (NIMAD)

Research Grant support

2024-2025 Iran National Science Foundation (INSF)

IRR 1,500,000,000

Evaluating the protective effect of electrical stimulation of olfactory sensory neurons on brain electrophysiological alterations from hippocampal synaptic currents to olfactory bulb-medial prefrontal cortex-hippocampus circuit and memory impairment induced by mechanical ventilation: preclinical study of a new method of non-invasive brain stimulation.

2019-2023 Cognitive Science and Technologies Council

IRR 300,000,000

Evaluating the effect of applying nasal airflow on mechanical ventilation induced cognitive disorders.

2019-2023 National Institute for Medical Research Development (NIMAD)

IRR 300,000,000

Evaluating the effect of applying nasal air flow on cortical brain activity and somatosensory event-related potentials in mechanically ventilated patients.

2017-2021 Iran National Science Foundation (INSF)

IRR 200,000,000

Evaluating the relation between local field potentials of amygdala-hippocampusprefrontal cortex circuit and breathing pattern during stress and structural alterations of this circuit's components in asthmatic rats and treated with inhaled corticosteroid.

Invited Speaker / Chairman of The Panel

- 2024 Invited Speaker: From Nasal breathing to Brain Dynamics and Cognition. 11th Iran Cognitive Neuropsychology Symposium, Tehran, Iran
- 2023 Chairman of The Panel: The olfactory pathway as a new target for electrical brain stimulation to improve neurocognitive diseases. 12th basic and clinical neuroscience congress. Tehran, Iran
- 2022 Invited Speaker: Non-invasive brain stimulation through olfactory pathway to reduce neurocognitive dysfunction. The 29th National and 7th International Iranian Conference on Biomedical Engineering (ICBME 2022), Tehran, Iran
- 2021 Chairman of The Panel: Neural activities during behavioral performance. 25th Iranian and 4th international congress of physiology and pharmacology. Tehran, Iran

Publications (* corresponding author)

- Ghazvineh S, Mooziri M, Salimi A, Mirnajafi-Zadeh J, Raoufy MR*. Olfactory epithelium electrical stimulation mitigates memory and synaptic deficits caused by mechanical ventilation. <u>Sci Rep.</u> 2025 Apr 9;15:12197.
- Safarcharati Z, Bahramani A, Amjad PM, Ravanbakhsh M, Raoufy MR*, Khademian M. Context-dependent modulations in zebra finch distance calls revealed by a novel goal-directed vocalization paradigm. <u>Sci Rep.</u> 2025 Mar 12;15:8572.
- Zarei P, Raoufy MR, Shojaei A, Fathollahi Y, Mirnajafi-Zadeh J. Effect of High-frequency Electrical Stimulation of Olfactory Bulb on Spontaneous Excitatory Postsynaptic Currents in Hippocampal CA1 Pyramidal Cells of Kindling Rats. <u>Basic Clin Neurosci.</u> 2025; 16 (2):393-402
- Eslami-Behroozi M, Shahsavar P, Vali R, Raoufy MR*. Breathing pattern alteration from weanling to old age in male Sprague-Dawley rats. <u>Respir Physiol Neurobiol.</u> 2025 Jan:331:104357
- Salimi M, Nazari M, Shahsavar P, Dehghan S, Javan M, Mirnajafi-Zadeh J, Raoufy MR*. Olfactory bulb stimulation mitigates Alzheimer's-like disease progression. <u>CNS Neurosci Ther</u>. 2024 Oct;30(10):e70056.
- Farkhondeh Tale Navi F, Heysieattalab S, Raoufy MR*, Sabaghypour S, Nazari M, Nazari MA. Adaptive closed-loop modulation of cortical theta oscillations: Insights into the neural dynamics of navigational decision-making. <u>Brain Stimul.</u> 2024 Sep 12;17(5):1101-1118.

- Gholami-Mahtaj L, Mooziri M, Bamdad S, Mikaili M, Jamaati H, Raoufy MR*. Neural signature of attention impairment in allergic asthma: an ERP study. *Int J Neurosci.* 2024 Aug;134(8):815-825.
- 8. Mooziri M, Samii Moghaddam A, Mirshekar MA, **Raoufy MR***. Olfactory bulb-medial prefrontal cortex theta synchronization is associated with anxiety. <u>*Sci Rep.*</u> 2024 May 27;14(1):12101.
- Ghazvineh S, Shahsavar P, Raoufy MR*. From nasal respiration to brain dynamic. <u>Rev</u> <u>Neurosci.</u> 2024 Apr 5;35(6):639-650.
- Zeynali F, Raoufy MR, Gharakhanlou R. Investigating Olfactory Sensory Neurons Facilitation For Aerobic Exercise-induced Spatial Memory Improvement. <u>Basic Clin Neurosci.</u> 2024 May-Jun;15(3):355-366.
- H Riazi, M Nazari, MR Raoufy, J Mirnajafi-Zadeh, A Shojaei. Olfactory Epithelium Stimulation Using Rhythmic Nasal Air-Puffs Improves the Cognitive Performance of Individuals with Acute Sleep Deprivation. <u>Brain Sci.</u> 14 (4), 378
- Zare M, Rezaei M, Nazari M, Kosarmadar N, Faraz M, Barkley V, Shojaei A, Raoufy MR, Mirnajafi-Zadeh J. Effect of the closed-loop hippocampal low-frequency stimulation on seizure severity, learning, and memory in pilocarpine epilepsy rat model. <u>CNS Neurosci Ther</u>. 2024 Mar;30(3):e14656.
- Valaei A, Bamdad S, Golfam A, Golmohammadi G, Ameri H, Raoufy MR*. Examining resting state functional connectivity and frequency power analysis in adults who stutter compared to adults who do not stutter. <u>Front Hum Neurosci</u>. 2024 Feb 5;18:1338966.
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- Dehdar K, Raoufy MR*. Effects of inhaled corticosteroids on brain volumetry, depression and anxiety-like behaviors in a rat model of asthma. <u>Respir Physiol Neurobiol</u>. 2023 Sep;315:104121.
- Dehdar K, Salimi M, Tabasi F, Dehghan S, Sumiyoshi A, Garousi M, Jamaati H, Javan M, Raoufy MR*. Allergen Induces Depression-like Behavior in Association with Altered Prefrontalhippocampal Circuit in Male Rats. <u>Neuroscience</u>. 2023 Aug 1;524:21-36.
- Enayati P, Dehdar K, Javan M, Raoufy MR*. The protective effect of inhaled corticosteroid on lung inflammation and breathing pattern complexity in a rat model of asthma. <u>Respir Physiol</u> <u>Neurobiol</u>. 2023 Aug;314:104072.
- 20. Khatibi VA, Salimi M, Rahdar M, Rezaei M, Nazari M, Dehghan S, Davoudi S, Raoufy MR, Mirnajafi-Zadeh J, Javan M, Hosseinmardi N, Behzadi G, Janahmadi M. Glycolysis inhibition partially resets epilepsy-induced alterations in the dorsal hippocampus-basolateral amygdala circuit involved in anxiety-like behavior. <u>Sci Rep</u>. 2023 Apr 21;13(1):6520.

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- 26. Khatibi VA, Rahdar M, Rezaei M, Davoudi S, Nazari M, Mohammadi M, Raoufy MR, Mirnajafi-Zadeh J, Hosseinmardi N, Behzadi G, Janahmadi M. The Glycolysis Inhibitor 2-Deoxy-D-Glucose Exerts Different Neuronal Effects at Circuit and Cellular Levels, Partially Reverses Behavioral Alterations and does not Prevent NADPH Diaphorase Activity Reduction in the Intrahippocampal Kainic Acid Model of Temporal Lobe Epilepsy. <u>Neurochem Res</u>. 2022 Sep 5:1–19.
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- Salimi M, Tabasi F, Nazari M, Ghazvineh S, Raoufy MR*. The olfactory bulb coordinates the ventral hippocampus-medial prefrontal cortex circuit during spatial working memory performance. <u>J Physiol Sci</u>. 2022 Apr 25;72(1):9.
- 32. Salimi M, Tabasi F, Abdolsamadi M, Dehghan S, Dehdar K, Nazari M, Javan M, Mirnajafi-Zadeh J, Raoufy MR*. Disrupted connectivity in the olfactory bulb-entorhinal cortex-dorsal hippocampus circuit is associated with recognition memory deficit in Alzheimer's disease model. <u>Sci Rep</u>. 2022 Mar 15;12(1):4394.

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- 34. Dehdar K, Salimi M, **Raoufy MR***. Allergen disrupts amygdala-respiration coupling. <u>*Respir*</u> <u>*Physiol Neurobiol*</u>. 2022 Mar;297:103835.
- Gholami-Mahtaj L, Mooziri M, Dehdar K, Abdolsamadi M, Salimi M, Raoufy MR*. ACC-BLA functional connectivity disruption in allergic inflammation is associated with anxiety. <u>Sci Rep</u>. 2022 Feb 17;12(1):2731.
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- Ghasemi Z, Naderi N, Shojaei A, Raoufy MR, Ahmadirad N, Barkley V, Mirnajafi-Zadeh.J. Group I metabotropic glutamate receptors contribute to the antiepileptic effect of electrical stimulation in hippocampal CA1 pyramidal neurons. <u>Epilepsy Res</u>. 2021 Dec;178:106821.
- Salimi M, Tabasi F, Nazari M, Ghazvineh S, Salimi A, Jamaati H, Raoufy MR*. The olfactory bulb modulates entorhinal cortex oscillations during spatial working memory. <u>J Physiol Sci</u>. 2021 Jun 30;71(1):21.
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- 43. Ghazvineh S, Salimi M, Nazari M, Garousi M, Tabasi F, Dehdar K, Salimi A, Jamaati H, Mirnajafi-Zadeh J, Arabzadeh E, Raoufy MR*. Rhythmic air-puff into nasal cavity modulates activity across multiple brain areas: A non-invasive brain stimulation method to reduce ventilator-induced memory impairment. <u>Respir Physiol Neurobiol</u>. 2021 May;287:103627.
- 44. Dehghan S, Aref E, Raoufy MR, Javan M. An optimized animal model of lysolecithin induced demyelination in optic nerve; more feasible, more reproducible, promising for studying the progressive forms of multiple sclerosis. <u>J Neurosci Methods</u>. 2021 Mar 15;352:109088.
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Teaching Experience

2020-pres	Signal processing and analysis methods in neuroscience (PhD students) Faculty of Interdisciplinary Science and Technology, Tarbiat Modares University, Tehran, Iran
2020-pres	Applied statistical inference (PhD students) Faculty of Interdisciplinary Science and Technology, Tarbiat Modares University, Tehran, Iran
2021-pres	Cognitive Neuroscience (PhD students) Department of Cognitive linguistics, Faculty of Humanities, Tarbiat Modares University, Tehran, Iran
2013-pres	MATLAB for Neuroscientists (PhD, MSc, and medical students) Department of Physiology, Faculty of Medical Sciences, Tarbiat Modares University, Tehran, Iran
2013-pres	Advanced Topics in Respiratory Physiology (PhD students) Department of Physiology, Faculty of Medical Sciences, Tarbiat Modares University, Tehran, Iran
2013-pres	Advanced Topics in Cardiovascular Physiology (PhD students) Department of Physiology, Faculty of Medical Sciences, Tarbiat Modares University, Tehran, Iran
2013-pres	Statistical Analysis (MSc students) Department of Physiology, Faculty of Medical Sciences, Tarbiat Modares University, Tehran, Iran
2013-pres	Respiratory Physiology (MSc students) Department of Physiology, Faculty of Medical Sciences, Tarbiat Modares University, Tehran, Iran
2013-pres	Cardiovascular Physiology (MSc students) Department of Physiology, Faculty of Medical Sciences, Tarbiat Modares University, Tehran, Iran
2013-pres	General Physiology (MSc students) Department of Bioengineering, Faculty of Electrical & Computer Engineering, Tarbiat Modares University, Tehran, Iran
2012-2016	General Physiology (BS and MSc students) Department of Bioengineering, Faculty of Electrical & Computer Engineering, University of Tehran, Tehran, Iran
2010-2014	General Physiology (MSc students) Department of Bioengineering, Faculty of Electrical & Computer Engineering, Sharif University of Technology, Tehran, Iran

- 2008-2010 Machine Learning in Medicine (PhD, MSc, and medical students) Department of Physiology, Faculty of Medical Sciences, Tarbiat Modares University, Tehran, Iran
- 2004-2007 Machine Learning in Medicine (medical students) Faculty of Medicine, Shahid Beheshti University of Medical Sciences, Tehran, Iran

Research Mentoring

Supervisor of PhD Students (15 total, 9 women)

Payam Shahsavar, Sepideh Ghazvineh, Ashkan Sanaei, Ensieh Kheirkhah, Rahin Moradian, Maryam Shojaei, Armin Pourhosseini, Kargar Yasin, Negar Boroujerdian, Valaei Atefeh, Gholami-Mahtaj Leila, Morteza Salimi, Kolsoum Dehdar, Shirin Mahdidoust, Saeid Pazhouhan

Advisor of PhD Students (15 total, 8 women)

Navid Heidari, Rouholah Eftekhari, Mahshid Sharifi, Zarei Parisa, Sadegh Mohammadi, Mohammad-Zadeh Jahangir, Mona Rahdar, Vahid Khatibi, Fatemeh Houssin-Pour, Davoud Aflatouni, Shadi Choupankare, Mahmoud Rezaei, Farzaneh Zeinali, Golnar Eftekhari, Hajar Philsoufian

Supervisor of MSc Students (13 total, 10 women)

Reyahneh Vali, Farid Afsari, Mohadese Nemati, Bahareh Jafari, Fahimeh Aeineh, Sepideh Ghazvine, Tannaz Parsazadegan, Parisa Enayati, Niloufar Taghizadeh, Ehsan Aref, Mehdi Eslami-Behrouzi, Fatemeh Ilka, Mahya Mohammadi

Advisor of MSc Students (11 total, 5 women)

Reyhaneh Riazi, Alireza Fathian, Sobhan Bamdad, Amir Khazaei, Meysam Zare, Reza Darouei, Pegah Javadpour, Maryam Elahi, Morvarid Memar, Fatemeh Sharifi, Arman Nataj

Medical Students (9 total, 4 women)

Morteza Moziri, Ali Sameie-Moghadam, Mahtab Baghbani, Farhad Tabasi, Arshia Vahedi, Tara Ghafari, Forough Sargolzaei, Nazanin Behnaz, Sahba Fekri

BS Students (3 Toal)

Mohsen Foroughi, Peyman Nazari, Iman Azarkish